



WHAT IS MHET?

The Mental Health Evaluation Team (MHET) is a co-responding model that pairs local law enforcement agencies with Contra Costa County Behavioral Health Services.

MHET covers all regions of Contra Costa County. Host police departments are West (Richmond Police Department), Central (Walnut Creek Police Department), East (Pittsburg Police Department). Each host agency has assigned a MHET Officer to partner with a mental health clinician to provide follow-up welfare checks, evaluations, consultation, and linkage to outpatient mental health services to individuals who have had a recent psychiatric crisis.

MHET serves a diverse population of individuals with a recent psychiatric crisis/ police encounter in which one of the following criteria was met: multiple contacts with law enforcement; attempts or acts of physical aggression during encounters with law enforcement or others; domestic violence; firearm use or possession; and/or multiple visits to Psychiatric Emergency Services (PES).

MHET SERVICES

MHET is a voluntary program. If the consumer agrees to receive services, MHET will follow up with the consumer at Psychiatric Emergency Services (PES), jail, home, or wherever the individual resides. **MHET services are available to homeless and hard to reach individuals with mental health disabilities. WIC 5600.2(d).**

For a period of up to 30–60 days, MHET will provide continued follow up, linkage to appropriate outpatient mental health services and assistance in obtaining resources to promote remaining in the community safely. When appropriate, MHET will also provide support, referrals and safety planning to family members. **MHET service hours are Monday through Friday (8 a.m.–5 p.m.).**

For a mental health or emotional crisis intervention, contact:
(MCRT) Mobile Crisis Response Team
1-833-443-2672 (M-F 8 a.m.–10:30 p.m.)
(Sat–Sun 8:30 a.m.–5 p.m.)

For emergencies contact 911.



GOALS OF MHET

- Reduce law enforcement's repeat calls for service with individuals with a mental illness.
- Reduce violent encounters between law enforcement and citizens with a mental illness.
- Reduce visits to Psychiatric Emergency Services (PES).
- Increase police, community, consumer and family safety.
- Increase the appropriate utilization of outpatient mental health services.



Local Mental Health Resources

West County Resources:

- Greater Richmond Interfaith Program (GRIP)
West County Care Center
165 22nd St., Richmond, CA 94801
510-233-2141
- West County Adult Outpatient Mental Health
13585 San Pablo Ave., San Pablo CA
510-942-4700

Central County Resources:

- Multi Service Center (MSC)
2047-A. Arnold Industrial Way, Concord
925-685-7613
- Central County Adult Outpatient
Mental Health
1420 Willow Pass Road, Suite 200
925-646-5480

East County Resources:

- Recovery Innovations (RI)
3711 Lone Tree Way, Antioch
925-732-7930
- East County Adult Outpatient Mental Health
2311 Loveridge Rd, Pittsburg CA
925-431-2600

County Wide Resources:

- 211-General Info/Referrals
- 211-CORE TEAM-Homeless Outreach
- 211-Emergency Food/Food Banks
- Mental Health Access:
1-888-678-7277 Alcohol & Other Drugs/
Homelessness/Housing
- Suicide/Crisis Hotline: 1-800-833-2900
- Mobile Crisis Response Team (adults):
1-833-443-2672 (M-F 8 a.m.-10:30 p.m.)
(Sat-Sun 8:30 a.m.-5 p.m.)
- Seneca Mobile Response Team:
(minors) 1-877-441-1089
(M-F 7 a.m.-11 p.m.) (Sat-Sun 11 a.m.-9 p.m.)

Contact Info

West County MHET:

MHET Officer Brian Lande
510-672-5273

MHET Clinician James Lancaster/
Debbie Thomas: 925-288-3901

Central County MHET:

MHET Officer James Davis:
925-378-0293

MHET Clinician James Lancaster:
925-391-4097

East County MHET:

MHET Officer Heidi Maguire:
925-878-5093

MHET Clinician Debbie Thomas:
925-270-5407

IN PARTNERSHIP



MHET
Mental Health Evaluation Team



Forensic Mental Health Services

**Safety, Community
& Wellness**


CONTRA COSTA
BEHAVIORAL HEALTH SERVICES
A Division of Contra Costa Health Services

MCRT

CONTRA COSTA MOBILE CRISIS RESPONSE TEAM

The Mobile Crisis Response Team (MCRT) provides professional, same-day intervention for adults who are experiencing mental health crises and to communities impacted by traumatic events.

MCRT includes licensed mental health clinicians, community support workers, and a family nurse practitioner employed by Contra Costa Behavioral Health Services (BHS).

The team visits clients, families and/or significant support persons to prevent acute psychiatric crises resulting in involuntary hospitalizations.

The goal is to de-escalate the crisis and connect the client to mental health resources.

CONTACT US

1-833-443-2672 (adults)

Licensed Clinicians and Community Support Workers available for crisis intervention in the community
Hours - Monday to Friday 7a.m.–11:30p.m., Saturday and Sunday 8:30a.m. –5p.m.

MCRT is NOT an emergency service

CALL 911 IF

- Someone is in immediate danger
- In the act of attempting suicide
- Physically assaulting someone else
- Threatening with a weapon
- Appears to have a medical emergency

CALL MCRT IF

- Behavior is escalating, but no immediate danger
- Threatening suicide or severely depressed
- Verbally threatening someone else
- Throwing objects or hitting furniture or walls
- Could become a danger to themselves or others
- You are a member of a community impacted by a recent traumatic event

Mental health
crisis intervention
at your location

Visit cchealth.org/mentalhealth/mcrt.php for more information